

## What to Pack for Camp

_sse	ntial Clothing Items	
An extra	rs will need clothing for 6 Days a set of clothing is always useful! Raincoat/ Poncho or Rain Gear Underwear and socks Short sleeved shirts Shorts Long pants or jeans Long sleeved t-shirt Sweatshirt for cooler weather Pajamas Hat Swimsuit(s) appropriate for camp At least 1 pair of closed toed shoes (sneakers, boots)	Other "Must Have" Items  Small backpack Twin bedding (pillow and sleeping bag or sheets and blanket) Laundry bag for dirty clothes Flashlight and extra batteries Insect Repellent Sunscreen Water bottle Any medications you are taking (will be turned in to Health Center Staff) Hand sanitizer
	1 pair of sandals with backstrap for	Toiletries
	getting wet or closed-toed water shoes	<ul><li>Toothbrush and Toothpaste</li><li>Shampoo and Conditioner</li></ul>
Optional Items		☐ Soap in a container/body wash
	Bible Sunglasses Goggles for pool/lake Inexpensive or disposable camera Paper, pen, pencil, stamps, pre-addressed envelopes Guitar or another musical instrument (especially MUSIC campers!)	□ Something to carry toiletries in □ Bath towel and washcloth □ Beach towel to use at pool or lake □ Deodorant □ Comb and/or brush □ Flip flops for the shower □ Menstrual necessities  Adventure Trek Extra Items
Thine	as To Loove At Home	☐ Please make sure you have a sleeping
ٔ ت	Electronic items: Apple Watch, Cellphone, digital music players, e-readers, etc Food, snacks, or candy Alcohol, drugs, tobacco products,	bag even if you brought sheets Canoe dry bag (optional) Personal tent/hammock (optional for those that already have one they love)
0	e-cigarettes, firearms, and fireworks Expensive items, sentimental items Clothes that you wouldn't want to get dirty Extra spending money, wallets, purses Anything that would cause upset if it were lost, broken, or got dirty	Note: Drugs, Alcohol, Tobacco Products, and E-Cigarettes are prohibited by the Camp Board. Anyone found possessing these substances will be asked to leave the program without refund. Those with illegal substances are liable under the penalties of the law. Weapons, especially guns or firearms of any kind, are not allowed.